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"RURAL vs URBAN HOSPITAL PERFORMANCE IN A
'COMPETITIVE' PUBLIC HEALTH SERVICE"

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ABSTRACT

In some western countries, market-driven reforms to improve efficiency and quality have harmed the performance of some hospitals, occasionally leading to their closure, mostly in rural areas. This paper seeks to explore whether these reforms affect urban and rural hospitals differently in a European health service. Rural and urban hospital performance is compared taking into account their efficiency and perceived quality. The study is focused on the Andalusian Health Service (SAS) in Spain, which has implemented a freedom of hospital choice policy and a reimbursement system based on hospital performance. Data Envelopment Analysis, the Mann-Whitney U test and Multidimensional Scaling techniques are conducted for two years, 2003 and 2006. The results show that rural and urban hospitals perform similarly in the efficiency dimension, whereas rural hospitals perform significantly better than urban hospitals in the patient satisfaction dimension. When the two dimensions are considered jointly, some rural hospitals are found to be the best performers. As such, market-driven reforms do not necessary result in a difference in the performance of rural and urban hospitals.

Main Text

Introduction

1
2 European public healthcare systems are implementing market-driven reforms to
3
4 improve the efficiency and quality of the services they provide. These reforms include
5
6 managerial decentralisation, the separation of purchasers and providers, the use of prospective
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8 payment systems, mostly performance-based, and the implementation of policies that allow
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10 patients to choose their hospital (Botten, Grepperud & Nerland, 2004; Allen, 2009). The main
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12 objective of these measures is to introduce some kind of competition into healthcare systems.
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14 It is expected that patients will choose the hospitals with the best quality or, at least, will try to
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16 avoid ‘bad’ hospitals, and that ‘good’ hospitals will be rewarded with more resources.
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22 However, the importance of healthcare services in welfare policies and their specific
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24 characteristics, such as the information asymmetries that exist between the different actors
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26 involved, make the implementation of ‘market mechanisms’ a controversial issue that does
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28 not always produce the desired effects in terms of efficiency and quality improvements
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30 (Woolhandler & Himmelstein, 2007; Propper, Burgess & Gossage, 2008). Braithwaite (1997)
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32 argues that a market runs the risk of failing to provide healthcare services equitably in
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34 publicly funded systems. The introduction of market-driven reforms has resulted in the
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36 closure of hospitals, especially in rural areas, in the US (GAO, 1990; Adams, Porrell &
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38 Robbins, 1996) Korea (see Noh, Lee, Yun, Lee, Lee & Khang, 2006), Canada (see James,
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40 1999; Lepnurm & Lepnurm, 2001) and New Zealand (see Healy, 2002). However, in Western
41
42 Europe, the restructuring of acute care has meant a reduction in the number of acute beds in
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44 hospitals (Kroneman & Siegers, 2004) but, only rarely has it led to the closure of hospitals
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46 (Healy & Mckee, 2002).
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54 This paper carries out a comparative analysis of the performance of rural and urban
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56 hospitals belonging to the *Servicio Andaluz de Salud* (SAS), the Health Service in Andalusia,
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1 which has implemented key market-driven reforms. The introduction of market-driven
2 mechanisms raises questions over the efficiency and financial viability of rural hospitals
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4 (Rosko & Mutter, 2010), and might be detrimental for hospitals in rural areas because it is
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6 argued that sometimes they are justified for social equity reasons rather than for economic
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8 reasons. The objective is to determine whether rural hospitals are performing worse than their
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10 urban counterparts in order to evaluate whether the provision of hospital services in rural
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12 areas is justified according to different performance criteria. In our analysis of hospital
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14 performance, we focus on efficiency in the use of the resources and on patient satisfaction.
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16 Clinical quality considerations are beyond the scope of this paper.
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22 The paper is structured as follows. We briefly present the most significant market-
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24 driven reforms implemented in the healthcare sector, particularly in hospitals. We review the
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26 literature about the performance of rural and urban hospitals in the two hospital dimensions
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28 studied in this paper: hospital efficiency and perceived quality. We describe the main features
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30 of the SAS. We introduce the methodology used for the analyses and present the results.
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32 Finally, the paper closes with a discussion and conclusions section, including some policy
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34 recommendations.
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41 **Market-driven reforms in healthcare**

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43 All over Europe, there has been a tendency to applaud the decentralisation of health
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45 services in recent years (Allen, 2006). It is expected that public services will be more
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47 responsive and efficient if decision making is undertaken at lower levels. The introduction of
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49 hospital Foundation Trusts (FTs) in the English National Health Service (NHS) is the most
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51 important decentralisation initiative in Europe. FTs have freedom to spend their income, do
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53 not need to break even, can keep any surplus generated and can borrow money from whom
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1 they wish (Allen, 2006). The initiative also tries to involve local communities in decisions
2 about public services (Ferlie & Fitzgerald, 2002). Citizens belonging to the FT and FT staff
3 have the right to become members and vote for a board of governors and FTs are no longer
4 directly accountable to the Secretary of State for Health.
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9 The idea of decentralisation is closely linked to the introduction of reimbursement
10 mechanisms that promote efficiency and quality improvements in hospitals. Because
11 prospective payment systems (PPS) introduce incentives to economic performance
12 improvements, they have substituted retrospective payments. Providers are encouraged not to
13 spend more than they are paid, so they have a clear stimulus to contain costs and improve
14 efficiency (Jegers, Kesteloot, De Graeve & Gilles, 2002). However, in order to avoid deficits,
15 providers have incentives to develop ‘strategic responses’ which may result in a reduction in
16 the number of services provided and/or in their quality (Newhouse, 1996; Ellis 1998; Jegers et
17 al., 2002; Ankjær-Jensen, Rosling & Bilde, 2006).
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31 The most cited strategic responses are often described as ‘risk-selection’ practices, that
32 is, providers try to select patients who will be ‘profitable’ for them and try to avoid those who
33 will not. Providers can select patients using *cream skimming* and *dumping* practices (Ellis &
34 McGuire, 1996; Ellis, 1998). These practices consist of attracting and retaining healthy
35 patients or patients with health conditions which make it probable that the cost of their
36 treatment will be lower than its payment and/or systematically avoiding high-cost patients
37 because treating them significantly increases costs. Other undesirable provider responses to
38 PPS are *codification* practices and *moral hazard* effects. Codification practices consist of
39 classifying cases into groups which maximise revenues. As most per case codification uses
40 the Diagnostic Related Group (DRG) classification, this practice is known as ‘DRG-creep’.
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1 The ‘moral hazard’ response to PPS is the under-provision of services to patients with
2 expensive treatments, also known as *skimping*.
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5 The implementation of policies that give patients the right to choose their hospital is a
6 common initiative in Europe. According to the standard economic theory of markets, it is
7 expected that consumer choice will lead to provider responsiveness, quality, innovation and
8 efficiency because consumers choose among competing providers on the basis of price and/or
9 quality (Thomson & Dixon, 2006; Vrangbæk & Østergren, 2006). In ‘free at the point of
10 service’ systems, patient choice may lead to quality improvements, since hospitals only
11 compete on the basis of quality. An important political motive behind the introduction of
12 patient choice is to empower the patient (Vrangbæk & Østergren, 2006). Scandinavian
13 countries introduced hospital choice initiatives at the beginning of the 1990s (Vrangbæk,
14 Østergren, Birk & Winblad, 2007). In England, since 2008, the possibility of hospital choice
15 for many types of care includes all NHS hospitals and independent sector hospitals which
16 meet NHS standards (DoH, 2004). This encourages competition because it means that patients
17 have a wider choice of hospitals.
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36 The potential benefits of choice depend on a number of assumptions, including the
37 willingness and ability of most patients to evaluate treatment options and act accordingly.
38 Choice relies on the skill of the patients to understand and choose between options, but people
39 are not always the best judges of their own welfare, the choices they make may not be the
40 ones they might have made if they had been better informed and they do not always behave
41 rationally (Appleby, Harrison & Devlin, 2003; Thomson & Dixon, 2006). Amyx, Mowen &
42 Hamm (2000) cast doubts about whether patients really want more choice and whether they
43 are always more satisfied when they have a choice. Dent & Haslam (2006) state that the
44 inability to treat all the English NHS patients in the best hospitals due to high bed occupancy
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1 rates in the best-performing hospitals may mean that patients are not treated in their first
2 choice hospital.
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7 **Hospital efficiency and perceived quality**

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9 In recent years, there has been a growing interest in evaluating the efficiency of
10 different healthcare organisations. Although efficiency can hardly be considered the final
11 outcome of a healthcare organisation, improvements in this aspect can help in the
12 achievement of other organisational objectives (Prior, 2006). In the healthcare sphere, the
13 difficulties of measuring health outcomes makes the evaluation of efficiency a controversial
14 topic so health outcomes are usually replaced by output data (Linna, Hakkinen & [Magnussen](#),
15 2006). While output measurements, such as the number of treated patients or the number of
16 bed-days, are more easily measured than health outcomes, there is still little consensus about
17 the comparability of indicators because of variations in case-mix and the need to include
18 quality measures (Smith, 2005; Hollingsworth, 2008). Nevertheless, the use of output
19 measurements provides useful data to assess the effects of healthcare reforms and the factors
20 that determine differences in performance (Linna et al., 2006).
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39 The methodology to measure efficiency is also a controversial issue. The variety of
40 production processes of healthcare providers makes it difficult to measure their efficiency and
41 makes it advisable to use non-parametric techniques (Pina & Torres, 1996; Pilyasvky & Staat,
42 2008). Economics provides two main methods to measure the efficiency of healthcare
43 providers: stochastic frontier analysis (SFA), based on regression techniques, and data
44 envelopment analysis (DEA), based on linear programming (O'Neill, Rauner, Heidenberger
45 & Kraus, 2008). Each of these methods has strengths and weaknesses, but both give
46 comparable results for individual efficiency scores (Nayar & Ozcan, 2008).
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2 Among the different factors that have been studied to explaining differences in
3 hospital efficiency, this study focuses on whether the hospital is in a rural or urban location.
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5 Several authors have analysed the existence of differences in efficiency between rural and
6
7 urban hospitals without reaching a clear consensus in their results. On the one hand, the
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9 results of Athanassopoulos & Gounaris (2001) indicate that urban hospitals tend to be more
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11 efficient than rural hospitals and large hospitals more than medium-sized or small hospitals
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13 because they reduce the unitary cost, suggesting the existence of economies of scale. Mick &
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15 Morlock (1990) find that, in the US, rural hospitals with fewer than 50 beds tend to be
16
17 inefficient whereas bigger rural hospitals perform as efficiently as urban hospitals. They argue
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19 that hospitals with fewer than 50 beds do not provide the range of services to attract the
20
21 necessary number of patients to cover fixed costs. On the other hand, Schuhmann (2008)
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23 reports that rural acute hospitals in the USA show better financial performance than urban
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25 hospitals because the former are more focused on outpatient activity and have lower
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27 personnel costs. Kim (2010) finds that the factors that affect the financial performance of
28
29 urban and rural hospitals are different. In particular, market competition mainly affects urban
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31 hospitals, whereas rural hospitals are affected by the way they are funded by governmental
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33 sources. Finally, other studies, (Gruca & Nath, 2001; Nayar & Ozcan, 2008) do not find
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35 significant efficiency differences between rural and urban hospitals. Gruca & Nath (2001)
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37 indicate that rural and urban hospitals are competing in different activities; rural hospitals
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39 focus on long-term care in their communities whereas urban hospitals concentrate on acute
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41 care. Nayar & Ozcan (2008) find that hospital inefficiency is mainly due to bad clinical
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43 quality and both types of hospitals present similar levels of quality.
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53 The size of hospitals is the most recurrent element used to explain differences in their
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55 efficiency. Location and size are two highly correlated factors because rural hospitals are
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usually smaller than urban hospitals. Some studies find that larger hospitals operate better than smaller ones, supporting the existence of economies of scale (Ferrier & Valdmanis, 2004; Prior, 2006). Other studies have found that economies of scale arise for hospitals with around 100 beds but become exhausted for those with around 200-300 beds or, if they do, economies of scale are present only for small hospitals (Dranove, 1998; Lindrooth, Sassi & Bazzoli, 2003; Ahgren, 2008). However, other studies conclude that smaller hospitals perform better than larger ones because the former are easier to manage (Pina & Torres, 1996; Huerta, Ford, Peterson & Brigham, 2008; Oliveira & Bevan, 2008), or do not find any relationship between size and efficiency and explain differences in performance as a consequence of internal management factors (Mick & Wise, 1996; Chern & Wan, 2000; Weil, 2003).

As regards perceived quality, the last ten years have brought a renewed emphasis on citizen involvement in health policies, planning and service provision (Baggott, 2005). The passive role of patients is being replaced by an active demand for personalised, attentive and courteous service, and medical service providers are under increasing pressure to be more attentive to patients' wishes (Ruyter & Wetzels, 1998). Patients' experiences and judgements have become an important input to service improvement and quality monitoring in hospitals (Draper & Hill, 1996). Patient satisfaction is also an important performance indicator of the overall effectiveness of the organisation (Sweeney, Brooks & Leahy, 2003). It should be an indispensable element in managing and assessing healthcare systems and is a desirable outcome of healthcare in its own right (Donabedian, 1988). The freedom of patients to choose hospitals has given patient satisfaction a new dimension and it has become a dominant concern intertwined with strategic decisions in healthcare services (Pakdil & Harwood, 2005).

Rural hospitals usually obtain better overall quality assessments from their patients than urban hospitals (Pink, Murray & McKillop, 2003). As rural hospitals are usually smaller

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than urban hospitals, their size allows them to provide a quieter and friendlier environment that makes patients feel more comfortable (Finkelstein, Singh, Silvers, Neuhauser & Rosenthal, 1998; Young, Meterko & Desai, 2000; Pink et al., 2003). Rural hospitals may be favoured by the sociodemographic characteristics of the population they attend to, because elderly people and people with lower levels of education tend to give better quality assessments to hospitals than the rest of the population (Tengilimoglu, Kisa & Dziegielewski, 2001; Niakas, Gnardellis & Theodorou, 2004). Rural areas usually have a greater proportion of people with these two demographic characteristics. Studies also indicate that more complex cases and more severe illnesses are usually associated with lower satisfaction assessments (Etter & Perneger, 1997). Patients with better self-reported health were associated with greater levels of satisfaction (Rosenheck, Wilson & Meterko, 1997). It seems logical to assume that less severely ill patients (most of the cases dealt with in small hospitals) will have a better self-reported health than those with more severe illnesses (who are mainly treated in big hospitals). In rural areas, it is also more likely that the patients and the hospital staff are relatives, friends or acquaintances (Pink et al., 2003).

The Andalusian Health Service (SAS)

Andalusia, a region in the south of Spain, has a population of more than 8 million, greater than 11 of the 27 countries in the EU. The Andalusian Health Service, *Servicio Andaluz de Salud* (SAS), is the public entity in charge of managing the Spanish National Health System in this region and, in terms of population attended, is one of the biggest public health services in Europe. It has similar functions and competences to other European Health Services, such as the National Health Services of the UK, Italy and the Scandinavian

1 countries, in which the provision of specialised healthcare is mainly provided through public
2 hospitals funded by general taxation.
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4 The SAS has 29 acute hospitals, 15 of which are classified by the SAS as rural
5 hospitals. The rest are urban hospitals. In addition to location, SAS hospital classification also
6 takes case-mix and size into account. Rural hospitals are located in small cities, most of them
7 with less than 50,000 inhabitants. Each hospital attends the less severe cases in its area,
8 providing acute care to a population of around 100,000. They have between 100 and 300
9 beds, with an average size of 200. Their size can be considered large, but it allows them to
10 have the necessary infrastructure to treat the most frequent hospital cases. Urban hospitals are
11 located in big cities and provincial capitals, most of them with more than 200,000 inhabitants.
12 They attend all the cases in their jurisdictions and the severe cases from rural areas. On
13 average, each hospital provides acute care to a population of more than 400,000. Urban
14 hospitals have between 400 to more than 1,500 beds, with an average size of around 850 beds.
15 Nonetheless, most of them are in two size intervals, between 600 and 800 beds and more than
16 1,000 beds. The complexity of the cases treated is correlated with the size of hospitals, as
17 bigger hospitals have more facilities and medical expertise is usually concentrated in them.
18 Between 2003 and 2006 there was a significant reduction in beds in some hospitals, especially
19 in urban hospitals.
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43 The SAS has introduced managerial decentralisation into its hospitals through the use
44 of '*contratos programa*', which are agreements between the SAS and its hospitals about the
45 objectives to be fulfilled. However, this is a limited decentralisation, as there is no formal
46 separation between the purchaser (the SAS) and the providers (hospitals). Hospitals are within
47 the SAS structure, subject to SAS norms and guidelines and the SAS appoints, and dismisses,
48 hospital managers and establishes the economic and service goals for hospitals.
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1 SAS hospitals are paid through a prospective payment system (PPS) using a capitation
2 model. In a system of patient capitation, providers receive a periodical lump sum per person
3 under supervision during a certain period (mostly a year). The capitation strategy is based on
4 the idea that costs are controlled by ‘the payment’ and the quality of the service is enforced by
5 ‘the market’. The total income for hospitals is a function of the number of potential patients,
6 irrespective of the number of activities and contacts performed. Because Andalusian patients
7 have the possibility of choosing their public hospital, SAS hospitals must provide a good
8 service in order not to lose patients, promoting some kind of competition between hospitals.
9 However, SAS data show that the number of patients that choose a different hospital than the
10 closest is, to date, not significant.

11 The financing formula also includes a tariff (based on the average costs of the SAS
12 hospitals) and the complexity of the cases treated (case-mix) because attending more complex
13 cases increases costs. In this way, risk is adjusted to avoid cream skimming practices. The
14 SAS calculates the case-mix index using the DRG system (SAS, 2007). There are several
15 Diagnosis-Related Group (DRG) classification systems. The SAS uses the *All Patient DRG*
16 classification. Each patient discharged is classified into a DRG with its corresponding weight
17 and this is converted into DRG points. The case-mix index is the result of dividing the total
18 number of DRG points by the number of patients discharged. The more complex the cases
19 treated, the higher the case-mix index. Therefore, three factors are included in the formula
20 applied to determine the payment to SAS: population, tariff and case mix.

$$\text{Hospital funding} = \text{population} \times \text{tariff} \times \text{case-mix.}$$

21 Since 1999, an independent public agency, in collaboration with the SAS, has carried
22 out annual surveys to establish the level of user satisfaction with SAS hospitals. The survey
23 conducts 400 telephone interviews for each hospital. Patients are chosen through a simple

1 random sampling method from among patients who have received treatment that has required
2 a stay of more than 24 hours. By incorporating the users' perspective and opinions as much as
3 possible, the SAS has a valuable instrument for evaluating the system and for focusing
4 management on users (SAS, 1999). Andalusian public hospitals benchmark their results in
5 patient satisfaction against the mean of all SAS hospitals as part of the evaluation of their
6 performance. The results of the annual patient survey are disclosed through its website. The
7 'contratos programa' set targets about the satisfaction of the patients in the different aspects
8 surveyed, encouraging the adoption of corrective measures when targets are not met.
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22 **Methodology**

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24 The analyses in this paper have been carried out in two stages. Firstly, as the SAS does
25 not provide an efficiency measure, we apply the Data Envelopment Analysis (DEA)
26 methodology to evaluate the relative efficiency of the SAS hospitals. Then, we carry out
27 several statistical analyses to study differences in efficiency and perceived quality scores
28 between rural and urban hospitals. The statistical analyses include univariate analyses -Mann-
29 Whitney U test- to compare the performance of urban and rural hospitals and multivariate
30 analyses -multidimensional scaling (MDS)- to obtain a graphic representation of the
31 performance of the hospitals. Due to the lack of valid data for two hospitals, only 27 of the 29
32 SAS hospitals -13 rural and 14 urban- have been considered for the analyses. We conduct the
33 analysis for two years, 2003 and 2006, in order to observe the evolution of the performance of
34 the hospitals; 2003 is the first year when the capitation payment system for SAS hospitals was
35 fully implemented and 2006 is the last year for which data are available.
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53 **1st stage. Measurement of technical efficiency.**

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We apply the DEA methodology (Charnes, Cooper & Rhodes, 1978; Cooper, Seiford & Tone, 2000) to evaluate the relative efficiency of the SAS hospitals. DEA allows the evaluation of efficiency in cases where multiple input and output factors are observed and when it is not possible to turn them into one aggregate input or output factor. DEA provides a comparative efficiency indicator of the units to evaluate (in this case hospitals), which are called decision-making units (DMUs). The relative efficiency of a DMU is defined as the ratio of the total weighted output to the total weighted input. DEA does not require any external production function to be taken as reference and the actual inputs and outputs observed are used to estimate a benchmark production frontier. In other words, the union of the hospitals whose inputs produce more outputs forms the efficient frontier with which the relative performance of all hospitals in the sample can be compared. We use the input-oriented model and the constant return to scale (CRS) approach, which is consistent with the majority of the DEA literature on healthcare (O'Neill et al., 2008). CRS is especially appropriate for working with reduced-sized samples (Prior, 2006; Vitikainen, Street & Linna, 2009). The mathematical expression of the model is the following;

$$\text{Min } f_0 = \Theta_0 - e \left(\sum_{i=1}^m s_{i-} + \sum_{r=1}^s s_{r+} \right)$$

subject to:

$$\Theta_0 x_{i0} - \sum_{j=1}^n x_{ij} a_j - s_{i-} = 0$$

$$\sum_{j=1}^n a_j y_{rj} - s_{r+} = y_{r0}$$

1 for all $a_j, s_r, s_i > 0; r=1, \dots, s; i=1, \dots, m; j=1, \dots, n$; where 'e' is a small number which has the aim
2 of assuring that no output or input is excluded from the final solution; s_i^- and s_r^+ represent the
3 slack variables; X_{ij} and Y_{rj} represent the inputs and outputs observed for the DMU 'j'. A
4 DMU is efficient if $\Theta_0 = 100\%$ and inefficient if $\Theta_0 < 100\%$. The solution to this problem
5 seeks values of a_j to form a composite DMU more efficient than the DMU i_0 being evaluated
6 with the inputs and outputs of all DMUs of the sample. If DMU i_0 is indeed efficient, the
7 slacks will equal 0 and Θ_0 will equal 100%. That is to say, it is impossible to find a composite
8 DMU outperforming i_0 . If i_0 is not efficient, Θ_0 will be less than 100% and some slacks are
9 greater than 0 and more efficient composite DMUs have been found.

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22 Although some studies (Dmitruk & Koshevoy, 1991; Bol, 1986) suggest some
23 examples that question the suitability of DEA for evaluating efficiency, Cooper, Huang &
24 Zhu (2008) demonstrate the validity of the model by solving those examples. In any case, the
25 DEA has some limitations. The inclusion of a large number of variables reduces the
26 discriminatory power of the model because it increases the number of efficient DMUs
27 (Emrouznejad, 1995-2001). This is because the number of dimensions in which a particular
28 DMU can be relatively unique (with no partners to be compared with) increases. DMUs that
29 have no similar comparison partners are considered efficient by default. Johnes & Johnes
30 (1993) argue that a DMU can sometimes achieve one hundred percent efficiency simply
31 because no one else is competing in that niche of activity. The technique has been also
32 criticised for its inability to capture the need for some idle capacity in hospitals to respond to
33 unpredictable variations in demand for hospital care (Newhouse, 1994), which may lead
34 hospital decision makers to overestimate resource needs. Avkiran (2001) argues that DEA
35 helps to set targets but does not instruct the user on how to reach them. Despite these
36 criticisms, DEA has been widely used to measure efficiency in healthcare entities.

1 Hollingsworth (2008) and O'Neill et al. (2008) provide recent revisions of the extensive
2 literature using DEA in hospitals. The method is especially appropriate for evaluating the
3 efficiency of non-profit entities, like public hospitals, that operate outside the market since,
4 for them, measures of efficiency such as profitability do not work satisfactorily.
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9 The selection of the variables to be included in the model is critical in the
10 development of DEA. Therefore, we have worked with variables which have been widely
11 used in previous studies as representative of the principal input and output indicator
12 categories in hospitals in accordance with the revision of O'Neill et al. (2008). As input
13 variables, we have used the *number of beds*, the *number of full time equivalent (FTE)*
14 *physicians* and *FTE nursing staff*. The number of beds represents the size and capital of
15 hospitals. O'Neill et al. (2008) report that the majority of studies use this variable as an input
16 indicator, although some of them disaggregate hospital beds into acute and intensive care unit
17 (ICU) beds and long-term beds. The hospitals in our sample are acute hospitals which need to
18 have some ICU beds. The number of ICU beds depends on the complexity of the cases
19 treated. The ratio of ICU beds to acute beds grows as the case-mix grows but it is low in any
20 case. Our variable *beds* is the addition of both types of beds, because the impact of including
21 ICU beds is not significant for the purpose of our study. The number of FTE physicians and
22 FTE nursing staff represent the human capital of hospitals. They are a key factor in healthcare
23 decision-making processes because personnel costs represent a significant proportion of
24 hospital operating costs (Weil, 2003). Many studies have introduced some indicator of the
25 number of clinical staff as a proxy for labour costs (e.g. Pina & Torres, 1996; Prior, 2006;
26 Nayar & Ozcan, 2008).
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52 As output variables, we have used indicators which reflect three main hospital output
53 categories: hospital stays *-inpatient stays-*, the surgical and inpatient activity *-surgical*
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operations- and *-diagnoses-* (the number of medical and clinical tests to inpatients conducted to determine the diagnosis of each patient) and the outpatient activity *-outpatient visits-* and *emergencies*. Surgical activities and diagnoses are adjusted by the case-mix of each hospital, in order to increase the homogeneity of these indicators by reflecting the difference in the complexity of the activities carried out by each hospital. Table 1 presents the main descriptive figures of the input and output variables for the DEA analyses. Hospitals are grouped into rural or urban according to the SAS classification, which follows the previously explained criteria. Input and output data are obtained from the SAS annual reports.

INSERT TABLE 1 HERE

Because the lack of a consensus about the most appropriated indicators of the different activities carried out by hospitals, we define 4 different DEA specifications, or models, by maintaining the inputs fixed in all the 4 models and combining different indicators of outputs (see Table 2). The use of more than one DEA model provides different measurements of hospital efficiency with alternative variables for the same type of output in each model. Each of the 4 models includes one indicator per output category. This approach allows us to obtain a more consistent measurement of efficiency because we include alternative variables representative of hospital activity without increasing their number in each model.

INSERT TABLE 2 HERE

2nd stage. Statistical analyses

The previous stage has allowed us to obtain efficiency measures for the SAS hospitals. For perceived quality, we use 4 indicators obtained from the SAS annual survey: *satisfaction with medical staff*, *satisfaction with nursing staff*, *satisfaction with the care provided* and *satisfaction with rooms and facilities*. The indicators represent the percentage of patients who responded that they were satisfied or very satisfied with these aspects of hospital care. They

1 are frequently used as indicators of perceived quality in healthcare and their selection is
2 consistent with the two perceived quality dimensions identified in the literature: a ‘human
3 dimension’ and a ‘facilities dimension’ (see e.g. Lam, 1997; Garcia-Lacalle, 2008).
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5 Woodside, Frey & Daly (1989) indicate that patient satisfaction with the respect and the
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7 information provided by the nursing staff is strongly associated with the overall patient
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9 perceived quality.
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14 To analyse the differences between rural and urban hospitals, we carry out the Mann-
15
16 Whitney U test for the four DEA scores and the four perceived quality indicators for the two
17
18 years. Then, we apply the multidimensional scaling (MDS) technique in order to jointly
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20 analyse efficiency and perceived quality which provides us with a visual representation of the
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22 performance of the hospitals analysed. The MDS tends to form ‘clouds’ of common objects
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24 which can be intuitively grouped by the analyst. For the MDS analysis, we have used the 4
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26 DEA results and the 4 above mentioned perceived quality indicators. Additionally, a cluster
27
28 analysis is carried out to classify the hospitals into homogeneous groups according to their
29
30 performance. The cluster analysis, employing the Ward method, uses the same 8 indicators as
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32 in the MDS analysis. The use of the same number of variables for each dimension keeps the
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34 two dimensions balanced.
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41 The interpretation of the axes in the MDS map has been done by using a *Pro-Fit*, or
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43 property fitting, analysis. Pro-Fit analysis (for a detailed explanation, see Serrano et al., 2003)
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45 attempts to relate the position of an object (hospitals) with the values that it adopts for each
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47 variable (efficiency and perceived quality scores) which locate the object in the MDS map.
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49 Eight ordinary least squares (OLS) regressions are performed, one for each of the 8 efficiency
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51 and perceived quality scores, which are considered as dependent variables. The results of the
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53 multidimensional scaling analysis are the independent variables. The results of the OLS
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1 regressions are used as the projections of 8 Pro-Fit vectors onto axes X and Y. Each vector
2 shows the direction of growth of a variable for both axes.
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7 **Results**

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9 Descriptive figures, for 2003 and 2006, of the DEA results, the 4 perceived quality
10 indicators and the results of the U test are shown in Table 3. For 2003, the efficiency analysis
11 shows, on average, a better performance in rural hospitals than in urban hospitals for the four
12 models defined, except for model 2, but the differences are only significant in model 3. The
13 higher standard deviation of rural hospitals in the DEA models, except for model 4, indicates
14 that they are performing less homogeneously than urban hospitals. As regards perceived
15 quality, rural hospitals obtain better scores for all the indicators and for two of them,
16 *satisfaction with nursing staff* and *satisfaction with rooms and facilities*, the difference is
17 significant. Once again, the higher standard deviation of rural hospitals in the perceived
18 quality indicators shows that this type of hospital is also performing less homogeneously in
19 this dimension. The results for 2006 show that the relative performance of the hospitals has
20 remained almost unchanged during the period. Rural hospitals achieve higher DEA scores,
21 except for model 2, but the differences are not significant in any model. As for the perceived
22 quality indicators, urban hospitals are performing better in *satisfaction with the process of*
23 *care*, but rural hospitals obtain better scores in the rest, particularly in *satisfaction with*
24 *nursing staff* and *satisfaction with rooms and facilities*, where the differences are significant,
25 as in 2003.
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51 As all rural hospitals in the SAS have more than 100 beds, they can take advantage of
52 possible economies of scale. This is probably the reason why there are no significant
53 differences between rural and urban hospital efficiency. Rural hospitals are more efficient
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1 than urban hospitals when emergencies are included in the model. The size of hospitals does
2 not change the fact that rural hospitals perform better than urban hospitals in the perceived
3 quality dimension, which is in agreement with the literature.
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7 **INSERT TABLE 3 HERE**

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9 Having evaluated the differences in efficiency and the perceived quality of care of the
10 two groups of hospitals independently, the MDS analysis provides a visual representation of
11 the relative position of all hospitals with respect to the two dimensions. Figures 1 and 2 show
12 the MDS representation for 2003 and 2006, respectively. The *Pro-Fit* analysis shows that the
13 four efficiency variables point towards the positive side of the Y axis, so this axis is
14 interpreted as representing efficiency. As the four perceived quality variables point towards
15 the positive side of the X axis, the interpretation is that this axis represents perceived quality.
16 That is, efficiency improves when moving towards the top of the map, whereas patient
17 satisfaction improves when moving towards the right. Hospitals have been grouped in the
18 MDS maps according to the results of the cluster analyses, which have identified four groups
19 for the two years. Figures A.1 and A.2 in the electronic appendix, available with the online
20 version of the paper (INSERT LINK), show the results of the cluster analyses through the
21 dendrograms obtained for the years 2003 and 2006 respectively. These two figures also show
22 the number of beds in the hospitals in each year.
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43 For 2003, three rural hospitals -Ru3, Ru6 and Ru11- form Group 1. Its position on the
44 positive side of the efficiency axis and on the right hand side of the patient satisfaction axis
45 reflects a good performance in efficiency and an outstanding performance in quality. Ten
46 hospitals -five rural and five urban- form Group 2. The more centralised position of the
47 hospitals of this group reflects that they are performing acceptably in both dimensions. The
48 rural hospitals in the group tend to be on the right-hand side of the group, that is, they are
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1 performing better than urban hospitals in the perceived quality dimension. Most of the urban
2 hospitals are located in Group 3, which is made up of twelve hospitals, -nine urban and three
3 rural. The position of the group on the left-hand side of the map indicates that its main feature
4 is a bad performance in the quality dimension. The three rural hospitals in this group -Ru9,
5 Ru10 and Ru13- form an 'optimum frontier' within the group. Finally, two rural hospitals -
6 Ru1 and Ru5- form Group 4. These hospitals are performing fairly well in the quality
7 dimension but are the worst in the efficiency dimension.
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17 **INSERT FIGURE 1 HERE**

19 For 2006, most rural hospitals are in Group 1. This group, as in 2003, is mainly
20 located on the positive side of the two axes, indicating that the hospitals included in it are the
21 best performing in the two dimensions jointly. It includes the same three rural hospitals as in
22 2003 -Ru3, Ru6 and Ru11- with the addition of four rural hospitals and two urban hospitals.
23 The two urban hospitals included in Group 1 are the ones which perform worst in the
24 efficiency dimension within the group. All the remaining urban hospitals are located in
25 Groups 2 and 3. Group 2 -6 urban hospitals- is located on the negative side of the quality
26 dimension but on the positive side of the efficiency dimension, so this group is performing
27 well in efficiency but badly in perceived quality. Group 3 is the most numerous group -ten
28 hospitals-, and its position indicates a bad performance in the two dimensions. Within the
29 group, rural hospitals show a better performance as they tend to be the closest to Group 1.
30 Finally, Group 4 is made up of the same two rural hospitals -Ru1 and Ru5- and occupies a
31 similar position within the map as in 2003. The position indicates a good performance in the
32 perceived quality dimension but a bad performance in efficiency. Therefore, in both years,
33 hospitals are performing quite similarly with respect to the others, although the change in the
34 composition of the groups during the three-year period reflects that more rural hospitals tend
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1 to be included in the best performing group. The two rural hospitals in Group 4 are able to
2 perform well in the perceived quality dimension but, during the three-year period, they have
3 not been able to improve their efficiency.
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7 **INSERT FIGURE 2 HERE**
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10 11 **Discussion and conclusions**

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14 Nowadays, public hospitals are required to be more efficient while providing a high
15 quality of care. The main goal of market-driven reforms is to improve the performance of
16 public healthcare systems by promoting competition between hospitals. This study has
17 analysed the performance of rural and urban hospitals to evaluate whether, in a market-driven
18 context, the provision of hospital services in rural areas is justified in economic and quality
19 terms.
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24 The analysis of the use of resources has shown a similar level of efficiency for most of
25 the SAS hospitals, regardless of their location. The SAS hospitals have autonomy in
26 management aspects but still operate within a centralised system. The SAS has retained the
27 scope for allocating resources to the different hospitals according their needs, assuring a
28 similar level of efficiency in most of the hospitals. Decentralisation initiatives give local
29 communities greater control in hospital management decisions, can help to focus decisions on
30 the needs of the community and give managers greater flexibility in decision making, but
31 central authorities loose some power to make decisions that ensure equity within the whole
32 healthcare system. For example, the English NHS is conferring greater autonomy to hospitals
33 but it is loosing some potential to take decisions that improve the overall efficiency of the
34 whole system. In addition, a greater local community involvement in hospital care may also
35 be to the detriment of the principle of equity that has traditionally ruled in NHS-type systems.
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Having a network of relatively large rural hospitals seems to be a source of efficiency, most probably because they are large enough to take advantage of possible economies of scale. Rural hospitals are particularly efficient when emergencies are considered in the analysis. This could be due to patients using the emergency services instead of using hospital appointments or admissions. In any case, one of the main concerns of the population is to have their hospitals close at hand, which ensures the provision of early assistance in cases when immediate care is needed. The rural hospitals with a lower level of efficiency tend to be those with a lower ratio of population per bed, that is, they are, most probably, bigger than the real needs of the local communities.

Territorial equity in the provision of health services constitutes a central objective of health services in Spain (Abasolo, Pinilla & Negrin, 2008). In European countries, the closure of hospitals is a rare measure because of social and political implications. The closure of rural hospitals causes concern from a wide variety of constituencies because hospitals do not only provide specialised care, but serve as an economic and psychological anchor for the community (Hart, Amundson & Rosenblatt, 1990). Rural hospitals are usually one of the largest employers in their area and attract businesses and skilled human resources (Probst, Samuels, Hussey, Berry & Ricketts, 1999). The closure of the only hospital in a rural area decreases the well-being of the community because it makes access to healthcare difficult for the rural population (Trinh & Begun, 1990).

The analysis of the perceived quality dimension shows that the rural hospitals obtain higher patient assessments. These results are consistent with prior studies. The literature explains the differences in the perceived quality between hospitals on the basis of two factors: the characteristics of the hospitals and the characteristics of the patients treated. Significant differences in patient satisfaction scores have been found in the indicator related to hospital

1 rooms and facilities and in the indicator related to the nursing staff. The literature identifies
2 hospital size as an explanatory variable of the level of satisfaction of the patients with hospital
3 facilities. In addition, differences in satisfaction with nursing staff are important because, for
4 most patients, the quality of nursing care is more important than satisfaction with facilities
5 (Woodside et al., 1989). As regards the satisfaction of the patients with the process of care
6 and with physicians, rural and urban hospitals are performing similarly. Physicians belong to
7 a group of professionals with a very specific training, deontological codes and the shared
8 protocols and procedures, which may explain the lack of significant differences between the
9 two groups of hospitals in these indicators. Furthermore, patients do not have, in general, the
10 ability to assess the clinical performance of physicians and the frequency of physician-patient
11 contact is lower than that of nurse-patient contact.
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26 The MDS map shows the performance of the SAS hospitals in the two dimensions.
27 Most hospitals have a similar position in the map in both years, indicating that they are
28 performing similarly over time. The hospitals which perform the best in the two dimensions
29 are rural, and this is more evident as time passes. The results indicate that efficiency and
30 quality can be mutually consistent objectives. The reallocation of resources can reduce
31 inefficiencies without harming patient satisfaction (Valdmanis, Rosko & Mutter, 2008). The
32 implementation of a PPS together with a freedom of hospital choice policy may be factor that
33 contributes to align both objectives.
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46 The prospective system used by the SAS to pay hospitals, based on a capitation
47 formula, tries to improve the economic performance of hospitals while ensuring their funding.
48 Hospitals are encouraged not to spend more than the initial budget assigned while maintaining
49 or improving service quality. Vrangbæk & Bech (2004) argue that payment for performance
50 mechanisms, such as those implemented in Norway or in England, introduce an open-ended
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1 element into systems which were closed. This open-endedness introduces uncertainty into the
2 management of the resources. Funding allocation according to hospital performance might
3 increase differences in hospital quality levels in England (Dent & Haslam, 2006). However,
4 the capitation payment model ensures stable funding as long as the quality of the service is
5 similar to others and tries to avoid the unintended effects of PPS, in particular risk-selection
6 practices, by adjusting the payment to the complexity of the cases treated. In addition, in the
7 case of healthcare systems such as the SAS, in which all hospitals belong to the same
8 organisation, there are no incentives to adopt risk-selection practices, because the ability of
9 managers to select cases is limited by central rules.
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22 The combination of a capitation payment system with the freedom of hospital choice
23 policy encourages hospitals to provide a more patient-oriented care and also empowers
24 patients to take a more active role in their own care. It requires the adoption of mechanisms to
25 assess the quality of the service provided and the disclosure of the assessment, which usually
26 triggers initiatives to improve hospital performance (Freeman, 2002). The SAS also
27 establishes targets that hospitals have to meet to ensure that this service quality is satisfactory.
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36 The introduction of economic rationalisation criteria may come into conflict with
37 social welfare objectives and generate an important trade-off between economic
38 considerations and the need to provide healthcare services. Public financial support is
39 required to ensure the survival of hospitals in some rural areas but may reduce the incentives
40 of PPS for performance improvements. This is the result of the implementation of the critical
41 access hospitals (CAHs) program in the USA, which has helped to ensure the survival of
42 these rural hospitals, as they are paid on a cost basis, but they are less efficient than the
43 hospitals not included in the program (Rosko & Mutter, 2010). The SAS experience shows
44 that the implementation of market-driven reforms can be done without breaking the social
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1 equity principle that rules national health services, but does not necessarily introduce
2 competition in the system. In particular, patients have no incentives to move to other than the
3 closest hospitals for better care. The experience in the Scandinavian countries indicates that
4 the number of patients choosing a hospital other than the closest is relatively small
5 (Vrangbæk et al., 2007). Studies in Europe indicate that most patients prefer to use their
6 local hospitals, although they are willing to undertake a journey if a significantly better or
7 earlier care is provided (Garcia-Lacalle, 2008). Nonetheless, organisations in a market-driven
8 context develop better knowledge of their strategic position, as well as their internal cost
9 structures, in order to consider potential strategies in response to this new context (Vrangbæk
10 et al., 2007) and they have to focus more on patients and users. Some level of competition
11 may encourage hospitals to collaborate between them, which may result in a better support of
12 their medical staff and become more efficient (Morgan & Bultje, 2008).
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29 This study does not evaluate to what extent market mechanisms promote
30 improvements in the performance of hospitals and competition in the system. Future research
31 should address dynamic analyses of the performance of the system. International comparisons
32 of the performance of hospitals in different market-driven systems would also provide very
33 interesting lessons , since countries vary in the degree of implementation of the reforms.
34 However, this seems particularly difficult as it would require the use of comparable measures
35 of hospital performance. Another future research question is the inclusion of clinical quality
36 in the evaluation of the performance of hospitals within the Spanish context in order to
37 consider the effect of the quality of the medical results when evaluating the performance of
38 hospitals.
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TABLES

TABLE 1. Descriptive figures of the input and output variables of the SAS hospitals included in the analysis.

		2003				2006			
		Mean	Std. Dev	Min.	Max.	Mean	Std. Dev	Min.	Max.
Beds	Urban	893	334	411	1,571	847	323	394	1,521
	Rural	199	59	125	305	197	60	111	320
	Total	559	427	125	1,571	534	404	111	1,521
Physicians	Urban	500	236	210	1,110	511	230	216	1,111
	Rural	118	18	79	145	123	21	85	158
	Total	316	257	79	1,110	324	256	85	1,111
Nursing staff	Urban	1,848	857	891	3,913	1,838	830	861	3,843
	Rural	391	82	244	543	390	80	240	532
	Total	1,146	959	244	3,913	1,141	944	240	3,843
In-patient stays	Urban	252,399	96,489	101,008	441,241	235,068	87,066	111,518	394,285
	Rural	50,685	15,862	22,858	75,269	48,425	14,721	23,428	71,440
	Total	155,277	123,774	22,858	441,241	145,203	113,673	23,428	394,285
Outpatient visits	Urban	535,062	269,651	214,522	1,110,630	545,942	209,534	250,919	1,013,764
	Rural	130,613	38,521	79,357	218,214	134,303	36,689	89,614	224,382
	Total	340,327	281,869	79,357	1,110,630	347,746	257,884	89,614	1,013,764
Emergencies	Urban	179,310	77,540	71,120	346,325	187,113	76,358	79,725	359,857
	Rural	56,319	17,034	21,912	79,613	58,278	17,888	23,037	82,216
	Total	120,092	84,035	21,912	346,325	125,081	85,827	23,037	359,857
Diagnoses*	Urban	162,869	87,698	66,521	371,790	203,385	101,285	91,406	447,654
	Rural	34,378	7,788	15,076	42,088	41,376	9,554	23,331	55,724
	Total	101,003	90,298	15,076	371,790	125,381	109,436	23,331	447,654
Operations*	Urban	20,311	12,370	8,761	56,020	34,042	18,313	12,817	70,821
	Rural	4,837	852	3,803	6,499	6,413	1,205	4,890	8,835
	Total	12,861	11,786	3,803	56,020	20,739	19,138	4,890	70,821

* Adjusted by case-mix

TABLE 2. Inputs and outputs used in the 4 DEA models

	M1	M2	M3	M4
<i>Input indicators</i>				
Beds	X	X	X	X
Physicians (FTE)	X	X	X	X
Nursing staff (FTE)	X	X	X	X
<i>Output indicators</i>				
Outpatient visits	X	X		
Emergencies			X	X
Stays	X	X	X	X
Diagnoses*	X		X	
Operations*		X		X

* Adjusted by case-mix

TABLE 3. Descriptive figures of the DEA results and perceived quality indicators, and U test results.

		2003					2006				
		Mean %	Std. Dev %	Min. %	Max. %	U test ¹ %	Mean %	Std. Dev %	Min. %	Max. %	U test ¹ %
DEA-M1	urban	93.03	5.2	84.52	100	0.587	93.82	5.49	84.00	100	0.486
	rural	93.57	8.05	75.78	100		94.78	7.44	77.45	100	
DEA-M2	urban	93.89	5.38	82.52	100	0.557	93.99	4.07	86.95	100	0.677
	rural	92.72	6.31	80.00	100		93.63	7.52	77.22	100	
DEA-M3	urban	90.89	6.25	79.80	100	0.018*	93.77	5.11	84.00	100	0.255
	rural	96.01	7.03	75.78	100		95.66	6.03	81.10	100	
DEA-M4	urban	93.47	5.11	82.52	100	0.279	94.12	4.10	87.06	100	0.419
	rural	95.79	4.97	87.56	100		95.02	5.59	85.80	100	
Satisfaction with the process of care	urban	71.37	2.69	66.00	75	0.198	73.97	2.56	70.10	79.80	0.207
	rural	73.66	6.6	60.00	82		72.58	5.14	65.45	82.45	
Satisfaction with physicians	urban	90.51	1.5	87.40	92.7	0.052	90.81	1.82	88.00	93.75	0.244
	rural	92.11	3.21	85.00	95.8		91.79	2.15	87.75	95.45	
Satisfaction with nursing staff	urban	88.51	1.76	85.00	91	0.012*	89.08	2.00	85.50	92.50	0.024*
	rural	91.10	3.6	82.00	95		91.31	2.68	87.00	96.30	
Satisfaction with rooms and facilities	urban	57.69	6.28	49.60	70.3	0.002**	61.84	7.13	52.50	75.20	0.000**
	rural	72.62	13.29	47.50	94.2		76.91	8.08	66.60	89.80	

¹ Significance of the Mann-Whitney U test

** Significant at 0.01

* Significant at 0.05

FIGURES

FIGURE 1. MDS for 2003.

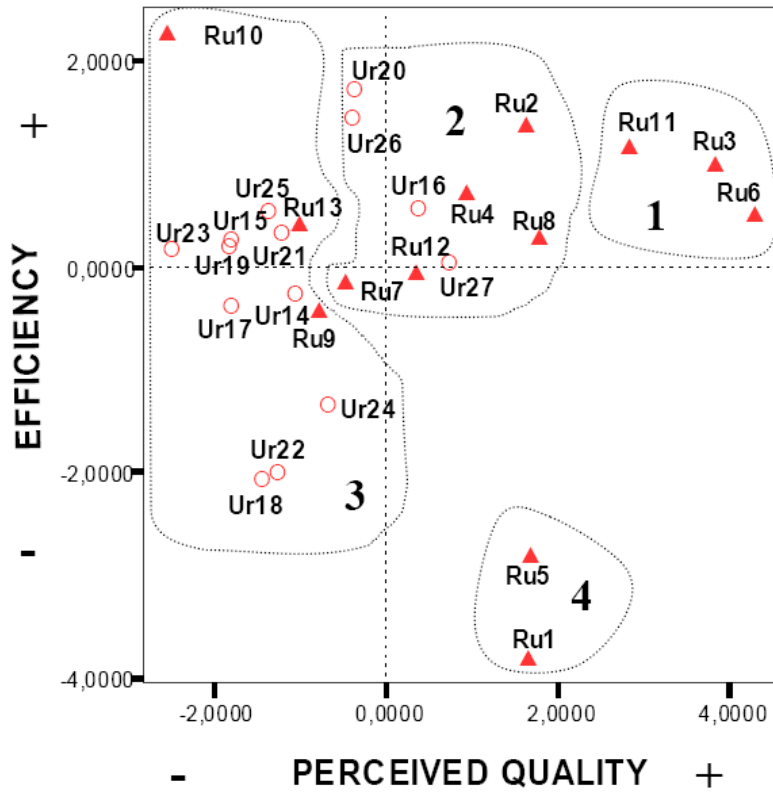


FIGURE 2. MDS for 2006.

