

# Ivar Johannes Aaraas

Professor and director

National Centre of Rural Medicine, Norway

## CV (abridged version in English)

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### Educational background

1969 MD, University of Oslo  
1972 Diploma of Tropical Medicine and Hygiene, University of Liverpool  
1981-1996 Specialist in general practice and family medicine, Norwegian Medical Association  
1998 PhD, University of Tromsø

### Main working positions

2006 -2009 Professor and director of National Centre of Rural Medicine, Tromsø.  
1988- 2006 Associate professor in general practice (family medicine), University of Tromsø. Part time work as general practitioner and County Medical Officer.  
1976 – 1988 General practitioner in the municipalities of Tromsø and Balsfjord.  
1970 – 1976 Medical doctor in hospital departments of gynecology and obstetrics (Stavanger) and anesthesiology (Tromsø).

### Research and research supervision. Educational innovation

From 1990 – 2005 led, participated and supervised a series of general practice and rural health research projects. Supervision has been on graduate, postgraduate and PhD levels. Reviewer of manuscripts to the Journal of the Norwegian Medical Association and Scandinavian Journal of Primary Health Care. Initiative and contribution to three major programmes for education in general practice. Co-editor of the first Norwegian textbook of general practice and contributing author in several other medical textbooks.

### Selected publications

1. **Aaraas I**, Skarsten KW, and Nees HC. Pivmecillinam in the treatment of postoperative bacteriuria in gynecological patients Journal of Antimicrobial Chemotherapy 1977; 3: 227-32.
2. **Aaraas I**. Organisering av almenpraksis ved et integrert helse- og sosialsenter. Evaluering av et timeavtalesystem. Tidsskr Nor Lægeforen 23, 1980; 100: 1362-65.

3. **Aaraas I.** Brystkreftpasienters legekontakt. I primærhelsetjenesten, ved lokal- og spesialsykehus. Tidsskr Nor Lægeforen 15, 1986; 106: 1290-3.
4. **Aaraas I.** Tanker om allmenmedisinens vitenskapelige grunnlag. Utposten 1989; 18: 42-5. (Prisvinnerbidrag i essaykonkurranse).
5. Njølstad I, **Aaraas I**, Lundevall S. Look at the patient, not the notes. Lancet 1992; 340: 413-14.
6. **Aaraas I**, Lundevall S, Njølstad I, Melbye H. Stuck with the patient - what would my colleague have done? A videorecorded consultation experiment with an actor simulating as the same patient for different doctors. Famly Practice 1993; 10: 43-45.
7. **Aaraas I.** The Finnmark general practitioner hospital study. Patient characteristics, patient flow and alternative care level. Scand J Prim Health Care 1995; 13: 250-6.
8. **Aaraas I**, Førde OH, Kristiansen IS, Melbye H. Do general practitioner hospitals reduce the utilisation of general hospital beds? Evidence from Finnmark county in North Norway. J Epidemiol Community Health 1998; 52: 243-6.
9. **Aaraas I**, Melbye H, Eriksen BO, Irtun Ø. Is the general practitioner hospital a potential "patient trap"? A panel study of emergency cases transferred to higher level hospitals. Scand J Prim Health Care 1998; 16: 76-80.
10. **Aaraas I.** General practitioner hospitals: use and usefulness. ISM skriftserie nr. 45. Tromsø: Institutt for samfunnsmedisin, Universitetet i Tromsø, 1998. (PhD thesis)
11. Langfeldt E, **Aaraas I.** Bruken av sykestueplassene i Nordkapp. Tidsskr Nor Lægeforen 2000; 120: 695-9.
12. Andersen F, Forsdahl A, Herder O, **Aaraas IJ.** Legemangelen i distriktene – nordnorske funn, nasjonale utfordringer Tidsskr Nor Lægeforen 2001; 121: 2732-5.
13. **Aaraas I**, Jones B, Sen Gupta T. Reactions to adverse events among Australian and Norwegian doctors. Aust Fam Physician 2004; 33: 1045-6.
14. **Aaraas IJ**, Holtedahl K, Anvik T, Bentzen N, Berg E, Fleten N, Hasvold T, Medbø A, Prydz P. Examination of final-year medical students in general practicc. Scand J Prim Health Care 2007; 25: 198 – 201.
15. **Aaraas IJ**, Swensen E. National Centre of Rural Medicine in Norway: a bridge from rural practice to the academy. Rural Remote Health. 2008 Apr-Jun;8(2):948. Epub 2008 Jun 6.