

Report Visit to Tolima (Icononzo, Chaparral and Ibagué) – Program Rural Health for Peace in Colombia - April 22 to 26 / 2019

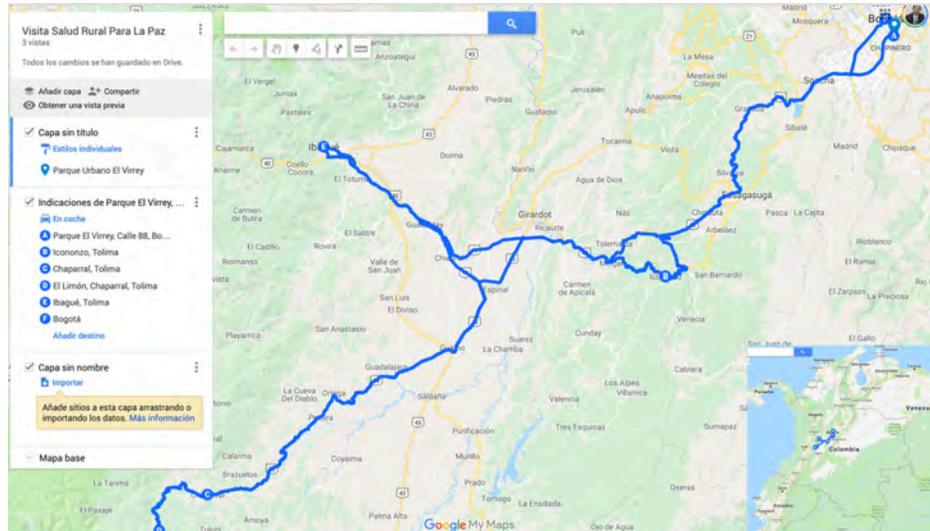


1. Participants: Rosa Margarita Durán, Juan Guillermo Luna and Jaime Martínez from the Department of Family Medicine and Public Health at the School of Medicine Universidad de La Sabana (US), Arnoldo Barbosa - Program Director from the Faculty of Health Sciences at Universidad del Tolima(UT) and Francisco Lamus Medical Education Director at US.
2. Planning
 - Thanks to the collaboration of Patricia Escudero from the Norwegian Red Cross in Colombia we had the opportunity to visit the training process of health personnel, ex-combatants of the FARC movement who had a training session in Bogotá.
 - i. In this meeting we got introduced to Ana Yanci Polo Imbachi, leader of the program supervising the training process for the Red Cross in six sites of six Departments across the country: (Meta: Mesetas, Caquetá: Agua Bonita, Tolima: Icononzo , Norte de Santander: Tibu, Cauca: Candil , Antioquia: Dabeiba, Arauca: Filipinas)
 - ii. Health personnel being trained will achieve one of the following 4 profiles with the Red Cross training process:
 1. Nursing assistants
 2. Pharmacy assistants
 3. Public Health assistants
 4. Health Management assistantsAnd with the Servicio Nacional de Aprendizaje (SENA)
 5. Oral Health assistants

3. Objectives

- To advance in the assessment of context to develop program proposals
- To advance in the affiliation of stakeholders for the program “Rural health for peace” in Colombia
- To structure a logic framework for the development of program proposal
- To define pioneer projects to start the program

4. Map of the visit



5. Icononzo



- Visit to Hospital Sumapaz
 - Hospital Director Claudia Patricia Quevedo confirms the institutional will of the Hospital to participate in piloting an initiative to work on a rural health program with the perspective of advancing towards an adaptation

of the making it work program in Colombia, with Icononzo and Chaparral as pilot sites.

- The team was introduced to the secretary of health of the municipality of Icononzo – Elizabeth Suárez who also confirmed the interest of the municipality and her commitment to keep the major informed and her participation in the meeting at Universidad del Tolima on the 25th of April.
- Visit to the Espacio Territorial de Capacitacion y Reintegración – ETCR – “La Fila”



- Monday the 22nd of April we participated observing the training process with around 20 former excombatant health personnel from the FARC movement, visiting also the different entrepreneurs initiatives that they are developing like: A Craft brewery, development of different crops with special nutritional value (Sachainchi nuts, beans, sábila, blackberries), a textile initiative, a hotel and an eco-tourism initiative among others.



- On Tuesday April the 23rd our visit to the ETCR at “La Fila” integrated a group of around 22 health trainees and a couple of parents of children under 5 years of age for a workshop on “Brain Architecture development”. This workshop was planned with the Red Cross due to the “baby boom” phenomenon that has happened among excombatants getting pregnant after the peace agreement was signed. There is an estimated population of around 90 children under three years of age in the “La Fila” village that has around 350 households.



- The possibility to have the medical rural service period of six months for Juan Guillermo Luna who will graduate as a medical doctor from Universidad de La Sabana and is also currently an MPH student may allow to settle the take off of the pilot process with the Hospital and the communities on the rural service areas.
- The possibility of exploring a pilot of a community assessment process at the “Vereda” of “El triunfo” and/or “La Fila” with Dr. Jaime Martinez an MPH student at Universidad de La Sabana was also settled.

6. Chaparral



- In Chaparral Dr Arnoldo Barbosa Program Director of the program of Medicine at Universidad del Tolima joined us for the visit. The contact was established with the Director of the Hospital – Diana Patricia Buenaventura – 57 315 615 3310 (email: gerenciahositalsumapaz@hotmail.com) Also with the Medical Coordinator of the Hospital: Dr.Carlos Eduardo Cabrejo and Nurse Carolina coordinator of Hospital Assistance at the Hospital and the coordinator of the Nurse assistants visiting the “corregimientos”of: Las Hermosas, Amoya, El Limón, La Marina and Calarma constituted by 153 “Veredas”. The hospital name is San Juan Bautista a 2nd level hospital with around 50 beds with health promotion and disease prevention programs, and general medicine, as well as second level services of internal medicine, Pediatrics, ObGyn, General Surgery and emergency services. Additionally the Hospital has some 3rd level services such as CT Scan, gastroenterology, ophthalmology and radiology(<https://www.hospitalsanjuanbautista.gov.co/index.html>). The Hospital receives most of its interns from Universidad del Tolima.

- “Corregimientos” receive hospital services of about 2 to 3 visits a month with an interdisciplinary team that has an MD, a nurse, an optometrist and a dentist.



- Visit to the Secretary of Health of the municipality Dr. Gilberto Caicedo and Diana Robles the assistant of Public Health of the municipality.
- Both visits resulted in the commitment to participate in the 25th of April webex meeting and their will to participate in organizing the pilot project.
- The municipality has 18 IMCI (Integrated management of Childhood illnesses) Units with community facilitators and 25 interdisciplinary teams that need further capacity building to serve the 153 “Veredas” of the 5 corregimientos.
- At Hospital San Juan Bautista information was provided to visit Corregimiento “El Limón”, one hour away from Chaparral where the hospital extramural team was doing a brigade and we were received in “El Limón” by Lina Guzmán, a nurse assistant that presented how the Hospital provides irregular services to the population in these municipalities that used to have a health center that has been closed since the health system or the hospital can afford to pay the personnel to keep a medical doctor, nurse and dentist that used to work on a permanent bases at this post. The same happens with the other corregimientos some with much harder travelling conditions due to mountainous terrain and remote locations.



7. Ibagué

- The 25th of April we started the visits in Ibagué with the collaboration of Camilo Sánchez from the Ministry of Health and Claudia Patricia Quevedo the Hospital Director at Icononzo, who introduced us to the Secretary of Health of the Department of Tolima, Dr. Sandra Torres who delegated Mr. Pablo Hans Arteaga to participate at the Universidad del Tolima meeting. Approximately 15 faculty members representatives of the Health Sciences Faculty of the University including the Dean Dr. Elizabeth Fajardo and Dr. Barbosa who organized the meeting participated in the

meeting The meeting was held together with the Center of Rural Medicine of UiT, the delegation of the Department of Family Medicine and Public Health from Universidad de La Sabana and the leading presentation conducted by Dr Roger Strasser presenting the “Making it work” framework. See Translated Ppt with this document. Questions were solved about the model and ideas were shared about what should be considered in the process of assembling the suggested program of rural health for peace.



- The 26th of April a workshop was held at Universidad del Tolima where the bases for a logic model to design a project in Colombia and elements to provide for the Norwegian project were provided, the figure that follows in point 8 summarizes these elements.
- Universidad del Tolima agrees to lead the Chaparral site and Universidad de La Sabana to lead the Icononzo site.



8. Structure of the conceptual map for a logic framework to design projects for funding agencies.
 - Structure of the conceptual map for the logic framework following the “Making it work Model” (Figure 1).

Figure 1. Adaptation of the “Making it work framework” as a guide to implement the pilot program “Rural Peace for health in Colombia”. In it the target outcome is defined as: “Having a framework of a model to deliver health health services in rural (R) and rural disperse (RD) areas”. The three main guidelines (Plan (Aprestamiento), Recruitment (Atracción) and Retention (Conservación), surround the core purpose and organize the development of the nine guidelines defined by the framework. Each of the guidelines should be traced in the two sites where the pilot project will take place (Icononzo and Chaparral), and, each of these guidelines will be a hub for projects that could be equated as a means to support or develop the corresponding guideline (Examples: Jaime, Havard, Eira and Juan Guillermo’s projects). Also, surrounding the program framework we can see three different evaluation actions referring to following: 1. The community health follow-up. 2. Program processes follow-up 3. Perception of health by the community follow-up. Finally there are different program initiatives that could be suggested and developed according to strategic needs for the foundation. Development and consolidation of the program: Rural health for peace in Colombia.

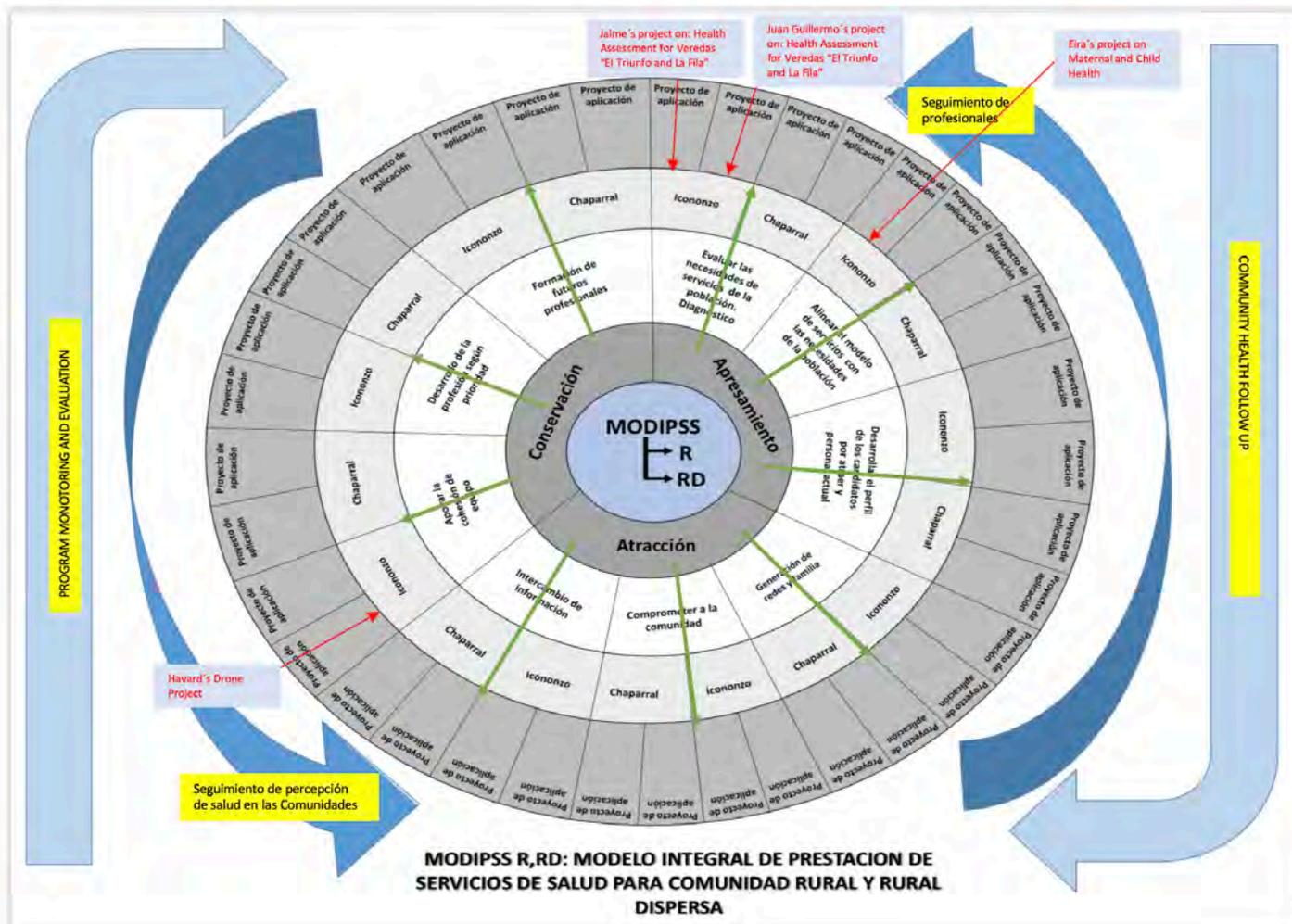


Figure 1
9. Budget

- The translation that had been chosen did not reflect the exact meaning of what was initially demanded from a translator since it was not capturing the meaning of the document. So the team decided to do the translation and we are working currently on it.
- The submitted planned budget

PRESUPUESTO DE VALOR V							VALOR	VALOR	VALOR TOTAL	
CONCEPTO	Código	Bandeja / Box					4 personas	6 personas		
Transporte / transport	Aéreo	3 micrófono					200000	200000	200000	
	Transporte fijo	Bandeja / Box					180000	180000		
HOTEL	Cuarto por noche / Cost per night	CHAMPARRAL TOLIMA	Hotel Dubai	DIRECCION / address: Calle 7 No. 8-40 Buenos Aires Tolima - Teléfono / phone number: 3138613818 / 3175425611	Acomodación individual/ Individual accommodation	Precio por persona / cost per person	75000			
			Hotel Casa Cuatrecasas	DIRECCION / address: Calle 19 # 97-53 Chaparral Tolima - Teléfono / phone number: 3015450055	Acomodación individual/ Individual accommodation	Precio por persona / cost per person	80000/220000			
		Hotel La Fontana	DIRECCION / address: Calle 19 No. 91-8 Chaparral Tolima - Teléfono / phone number: 3107800778	Acomodación individual/ Individual accommodation	Precio por persona / cost per person	88000				
		Hotel Casa Cuatrecasas	DIRECCION / address: Calle 19 No. 8-11 Chaparral Tolima - Teléfono / phone number: 3105918855	Acomodación individual/ Individual accommodation	Precio por persona / cost per person	30000				
		Hotel Ibagué	DIRECCION / address: Calle 10 # 9-98 Tolima - Teléfono / phone number: 3142842810	Acomodación individual/ Individual accommodation	Precio por persona / cost per person	138276/37434				
		Hotel Sonnet	DIRECCION / address: Carrera # No. 57- 57 Tolima - Teléfono / phone number: 3027151310	Acomodación individual/ Individual accommodation	Precio por persona / cost per person	59104/88956	59104	88956		
Alimentación / feeding	Desayuno / breakfast	Cuarto por persona / cost per person & day					30000	40000	60000	
	Almuerzo / lunch	Cuarto por persona / cost per person & day					20000	80000	100000	
	Cena / dinner	Cuarto por persona / cost per person & day					10000	40000	50000	
Traducción oficial de documentos "making it Work for Sustainable Rural" / Official document translation "making it Work for Sustainable Rural" roman					290					
Otros / Other	Impresiones / copies	Cuarto por persona / cost per person & day								
TOTAL por persona / total of person							20000	80,000	100000	100000
TOTAL por persona / total of person										4684156

- The Final budget (receipts are attached in zipped folder)

FECHA	ID	Establecimiento	NIT	Motivo	Valor
22 de Abril	1	Food Container	10697546078	Recibo 4 Desayunos Luness 22 de Abril Chinita	44.500
	2	Cooperativa EMPRENPAZ	9011636521	Recibo 4 Almuerzos ATCR 22 de Abril La Fila ETCR	48.000
	3	Doner Kebab Jachafer	11068892441	Recibo 4 Comidas Icononzo 22 de Abril	44.000
23 de Abril	4	Cooperativa EMPRENPAZ	9011636521	Refrigerios Taller 23 Abril La Fila ETCR	28.500
	5	Mr Coffee and Drinks	11127625251	Desayuno Icononzo	10.500
	6	Hotel Dubai	CC 52036707	4 habitaciones Hotel Icononzo 22-23 de Abril	140.000
	7	Cooperativa EMPRENPAZ	9011636521	Recibo Almuerzo ATCR 23 de Abril La Fila ETCR	52.300
	8	Lechonería "Don Alejo"	11056893305	4 Comidas El Espinal	50.000
	9	Las delicias golosinas y lácteos-Blanca Oliva	287113133	Refrigerios El Espinal	22.500
24 de Abril	10	Hotel Casa Colonial Chaparral	79278765	4 habitaciones Hotel Chaparral 23-24 Abril	300.000
	11	Chipega Parrilla	528169962	4 Desayunos Chaparral	26.000
	12	Darcy Vargas - Vencedor	3122944953	4 Almuerzos Chaparral - Corregimiento El Limón	30.000
	13	Lechonería "Don Alejo"	11056893305	4 Comidas El Espinal	50.000
	14	Las delicias golosinas y lácteos-Blanca Oliva	287113133	Refrigerios El Espinal	28.000
25 de Abril	15	Hoteles de Titamo SAS (Restaurante)	9010787556	Comida fin gira Representantes U Tolima	197.213
	16	Restaurante Shalom	933870095	4 Almuerzos 25 de Abril	82.000
26 de Abril	17	ECO STAR Hotel -Ibagué	9003600395	4 habitaciones y desayunos Hotel Ibagué 2 noches 24-26 Abril	1.186.203
	18	Transporte Bus Gira -Paola Tunjano	CC 20499939	Transporte 22 a 26 Abril	2.400.000
	19	Restaurante La Ceiba	10697494111	4 Almuerzos Carretera regreso a Bogotá 26 de Abril	95.500
Total					4.835.216

- The difference in what was originally estimated (\$ 4,884,156) with translation and the final expenses (\$ 4,835,216) without translation obeys to:
 - The \$400,000 pesos of the extra cost of the bus that was finally assigned for the trip (originally estimated in \$2,000,000 pesos and actually the cost was \$2,400,000)
 - Also to \$296.000 pesos in excess that were charged by the Hotel Ecostar at Ibagué.
 - And around \$ 100,00 pesos more in food expenses part of it in the workshops in Icononzo ETCR and part in Ibagué.

10. Translation Making it work

- Ppt see attachment to this report
- Word document pending with no cost

11. Agenda fulfillment

- Everything that was lanned was accomplished

<i>HORA</i>	<i>Descripción</i>
4:00	Salida de Bogotá
7:00-15:00	Observación procesos capacitación Cruz Roja Espacio Territorial Normalización y Reincorporación (ETNR)
15:00	Regreso a Icononzo
15:00-17:00	Visita Hospital Icononzo y definición Veredas Piloto-Trabajo Grado Jaime Bernal
18:00	Noche en Hotel Icononzo
Apr-23	Itinerario
5:30-	Salida a ETNR
6:30-13:30	Taller Arquitectura Cerebral Primera Infancia en ETNR-U de La Sabana
13:30	Regreso Icononzo
2:00	Reunion Alcalde, Secretario de Salud Municipal y autoridades municipales
4:00	Salida Chaparral Tolima
8:00	Llegada Chaparral Tolima
Apr-24	Itinerario
8:00	Visita hospital San Juan Bautista y Veredas Area Rural Chaparral
12:00	Almuerzo
13:00 -15:00	Reunion Alcalde, Secretario de Salud Municipal y autoridades municipales Chaparral
16:00	Salida Ibagué Tolima
19:00	Noche en Hotel Ibagué
Apr-25	Itinerario
7:00	Desayuno
7:30 Por definir	Conferencia virtual Salud rural Para La Paz todos los actores
Mañana	Reunión Secretaria de salud departamental y autoridades U Tolima
Por confirmar	Taller U Tolima proyecto OCAD Salud Rural
Tarde	Taller U Tolima proyecto OCAD Salud Rural
Apr-26	Itinerario
8:15- 13:00	Taller Elementos para Marco Logico Salud Rural Para La Paz
14:00	Salida Bogotá
18:30	Llegada Bogota Colombia

12. Steps forward

- Deciding in what arrangement will be made to formalize the Alliance of stakeholders where needed
- Defining the role of the Colombian Universities counter parts in the Norwegian project.
- Defining how the Norwegian and Colombian projects will articulate according to funders
- The Conceptual framework provides a floor for these agreements and for the program design on both ends
- The Colombian Universities with the invitation of UiT to participate will write a proposal to submit for OCAD funds in Colombia as well.
- Defining the strategic steps forward at the policy level like the participation of Dr. Roger Strasser in the Rural policy launching in Colombia
- Exploring the possibility to pursue the alliance of the Colombian chapter to the “Making it work” alliance if things move forward.
- Starting 4 graduate dissertations as pilot projects:
 - i. Jaime Martínez: Vereda of El Triunfo “Health Assessment”.
 - ii. Juan Guillermo Luna: Rural service year in Icononzo and deciding on an MPH Project
 - iii. Havard: PhD Dissertation on Drones to shorten health delivery services
 - iv. Eira’s topic for MPH project: to be defined
- Defining on the steps forward as an action research program
 - i. Intensity of visits to sites
 - ii. Funding o these visits
 - iii. Possibility to have protected time and budget for a program manager here in Colombia (Rosa Margarita Duran would be suggested she could have ½ time dedication)
 - iv. Next visit from UiT partners
 - v. Academic expected results definition
- Opening a communication and diffusion strategy to inform advances when feasible
 - i. Meanwhile defining how to keep the momentum with information provided to stakeholders